

**Menn**  
Plass **individuell**

1	Tom Erik	Karlsen	10.04.00	10.39.00	<b>00.35.00</b>
2	Erlend	Stafset	10.19.00	10.59.11	<b>00.40.11</b>
3	Thomas	Rønningen	10.04.00	10.47.09	<b>00.43.09</b>
4	Håvard	Gundersen	10.19.00	11.03.34	<b>00.44.34</b>
5	Jon-Vegard	Johnsen	10.22.00	11.08.34	<b>00.46.34</b>
6	Erlend	Gundersen	10.19.00	11.05.59	<b>00.46.59</b>
7	Peter	Svensson	10.19.00	11.06.03	<b>00.47.03</b>
8	Kai Roger	Emmerud	10.13.00	11.04.21	<b>00.51.21</b>
9	Morten Øystein	Vellesen	10.07.00	11.07.25	<b>01.00.25</b>
10	Karl Emil	Myrvold	10.19.00	11.21.30	<b>01.02.30</b>
11	Nicolai	Lujan Foss	10.07.00	11.09.38	<b>01.02.38</b>
12	Johan	Tanum	10.22.00	11.27.55	<b>01.05.55</b>
13	Idar	Danielsen	10.16.00	11.31.34	<b>01.15.34</b>
13	Elias Skaug	Danielsen	10.16.00	11.31.34	<b>01.15.34</b>
14	Matias	Sveen	10.07.00	11.28.16	<b>01.21.16</b>
15	Adam	Jacobsen	10.10.00	11.43.15	<b>01.33.15</b>
16	Piotr	Lulka	10.10.00	11.43.32	<b>01.33.32</b>
17	Lukas	Jacobsen	10.10.00	11.47.50	<b>01.37.50</b>
18	Maxim	Balsnes Klettke	10.10.00	11.50.30	<b>01.40.30</b>
19	Ole	Sigstad	10.13.00	11.59.44	<b>01.46.44</b>
20	Enver	Krasnigi	10.16.00	12.23.15	<b>02.07.15</b>

Plass **Kvinner Individuell**

1	Karoline Slørdahl	Conradi	10.04.00	10.52.07	<b>00.48.07</b>
2	Sofie	Granskogen	10.16.00	11.05.53	<b>00.49.53</b>
3	Hilde Slørdahl	Conradi	10.04.00	10.56.35	<b>00.52.35</b>
4	Kerstin	Gustafson	10.13.00	11.12.55	<b>00.59.55</b>
5	Nora	Jansrud	10.07.00	11.09.40	<b>01.02.40</b>
6	Maja Winther	Iversen	10.04.00	11.08.30	<b>01.04.30</b>
7	Karen	Tanum	10.22.00	11.27.56	<b>01.05.56</b>
8	Mina	Tronslien	10.16.00	11.25.15	<b>01.09.15</b>
9	Anja	Høibraaten	10.19.00	11.30.52	<b>01.11.52</b>
10	Anemone	Myrvold	10.16.00	11.32.22	<b>01.16.22</b>
11	Anne	Lersveen	10.04.00	11.31.47	<b>01.27.47</b>
12	Kirsten	Gjengstø	10.16.00	11.44.00	<b>01.28.00</b>
12	Andrea	Jensen	10.16.00	11.44.00	<b>01.28.00</b>
13	Mari	Øyvåg	10.07.00	11.37.49	<b>01.30.49</b>
14	Linda	Langstrand	10.13.00	11.43.51	<b>01.30.51</b>
15	Antonina	Lulka	10.10.00	11.43.18	<b>01.33.18</b>
16	Ignacy	Lulka	10.10.00	11.43.32	<b>01.33.32</b>
17	Aneta	Jacobsen	10.10.00	11.46.00	<b>01.36.00</b>
18	Evy	Balsnes Klettke	10.10.00	11.50.30	<b>01.40.30</b>
19	Tove	Jansrud	10.07.00	11.53.04	<b>01.46.04</b>
19	Anette	Sveen	10.07.00	11.53.04	<b>01.46.04</b>

19	Mariann	Furali	10.07.00	11.53.04	<b>01.46.04</b>
19	Syvlia	Furali	10.07.00	11.53.04	<b>01.46.04</b>
20	Kristin	Sigstad Berge	10.13.00	11.59.44	<b>01.46.44</b>
20	Hanne	Sigstad	10.13.00	11.59.44	<b>01.46.44</b>
20	Elida	Berge	10.13.00	11.59.44	<b>01.46.44</b>
21	Cathrine	Kollhus	10.30.00	12.10.33	<b>02.55.00</b>
21	Charlotte	Hansen	10.30.00	12.10.33	<b>02.55.00</b>

### Plass Lag- flest menn

Plass	Lag- flest menn				
	<b>Generalene</b>				
1	Christer	Bæk	10.42.00	11.31.20	<b>00.49.20</b>
1	Lars	Hammeren	10.42.00	11.31.20	<b>00.49.20</b>
1	Ivar	Bjørnstad	10.42.00	11.31.20	<b>00.49.20</b>
	<b>Fjorårets vinnere</b>				
2	Christoffer	Hvammen	10.42.00	11.31.57	<b>00.49.57</b>
2	Tore Kristen	Stafset	10.42.00	11.31.57	<b>00.49.57</b>
2	Aleksander	Haug	10.42.00	11.31.57	<b>00.49.57</b>
	<b>Team Ta Fatt</b>				
3	Kjetil	Olsen	10.33.00	11.28.34	<b>00.55.34</b>
3	Thomas	Andreassen	10.33.00	11.28.34	<b>00.55.34</b>
3	Frode	Bondal	10.33.00	11.28.34	<b>00.55.34</b>
	<b>Team Deoxys</b>				
4	Adrian	Lundby	10.33.00	11.45.28	<b>01.12.28</b>
4	Cathrine	Lundby	10.33.00	12.05.25	<b>01.32.25</b>
4	Martin	Lundby	10.33.00	12.05.25	<b>01.32.25</b>

### Plass Lag- flest kvinner

Plass	Lag- flest kvinner				
	<b>The Sisters</b>				
1	Monica Lothe	Urke	10.30.00	11.29.15	<b>00.59.15</b>
1	Rakel Enoksen	Hagen	10.30.00	11.29.15	<b>00.59.15</b>
1	Dorte Løvhaug	Johnsen	10.30.00	11.29.15	<b>00.59.15</b>
	<b>Team Glum</b>				
2	Øyvind	Åsen	10.36.00	11.44.21	<b>01.08.21</b>
2	Trine	Nilsen	10.36.00	11.44.21	<b>01.08.21</b>
2	Lene	Nilsen	10.36.00	11.44.21	<b>01.08.21</b>
	<b>Team HoT1, Team HoT2, Team HoT3</b>				
3	Eline	Bjørnseth	10.39.00	11.47.27	<b>01.08.27</b>
3	Nina B	Christensen	10.39.00	11.47.27	<b>01.08.27</b>
3	Birgit	Judin	10.39.00	11.47.27	<b>01.08.27</b>
3	Inger Anne	Stene	10.39.00	11.47.27	<b>01.08.27</b>
3	Anne Cathrine	Ovenstad	10.39.00	11.47.27	<b>01.08.27</b>
3	Margrethe	Blakstad	10.39.00	11.47.27	<b>01.08.27</b>
3	Gina	Lianger	10.39.00	11.47.27	<b>01.08.27</b>

	<b>Team Segadal</b>				
5	Nicolai Segadal	Moe	10.33.00	12.13.16	<b>01.40.16</b>
5	Ruth-Jorunn Segadal	Breiland	10.33.00	12.13.20	<b>01.40.20</b>
5	Oliver	Moe	10.33.00	12.13.20	<b>01.40.20</b>

3	Ingunn	Blom-Hagen	10.39.00	11.47.27	<b>01.08.27</b>
	<b>Kompani Satsebrakke</b>				
4	Marie	Norum	10.36.00	11.45.37	<b>01.09.37</b>
4	Pernille	Bjørnstad	10.36.00	11.45.40	<b>01.09.40</b>
4	Frida	Flogård	10.36.00	11.45.47	<b>01.09.47</b>
	<b>Liggeunderlaget</b>				
5	Alja	Selimic	10.33.00	11.44.09	<b>01.11.09</b>
5	Kristine	Torgersen	10.33.00	11.44.14	<b>01.11.14</b>
5	Mirela	Bjerke	10.33.00	11.44.25	<b>01.11.25</b>
	<b>Bootcamp Hønefoss</b>				
6	Kjetil	Grime	10.33.00	11.55.10	<b>01.22.10</b>
6	Karianne Strand	Skjølsvik	10.33.00	11.55.10	<b>01.22.10</b>
6	Anne Christin	Dyrud	10.33.00	11.55.10	<b>01.22.10</b>